

Salads

Chicken or Shrimp
+\$3.00

Side Salad

Tomato, Cucumber, Onion, Cheese

\$4.95

Garden Salad

Tomato, Cucumber, Onion, Cheese, Croutons

\$7.95

Chef Salad

Tomato, Cucumber, Onion, Cheese, Croutons, Ham, Turkey, Egg

\$10.95

Dressings

Ranch, Fat Free Ranch, Fat Free Italian, Raspberry Vinaigrette,
French, Blue Cheese, Caesar, Thousand Island,
Oil & Vinegar, Honey Mustard

Soup

Cup \$3.95 Bowl \$5.95



Appetizers

Fried Pickles

\$4.25

Fried Jalapenos

\$4.25

Fried Mushrooms

\$4.25

Onion Petals

\$5.25

Mozzarella Sticks

\$6.75

French Fries

\$3.55

Grizzly Fries

\$8.95

Chili Cheese Fries

\$5.95



Additional Items

Hot Dog \$2.50

Fish Sticks \$2.75

Corn Dog \$2.75

Desserts



Ice Cream Sundae

Root Beer Float

Milkshake

Key Lime Pie

Cheesecake

\$4.25



*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne-illness, especially if you have medical conditions.

Our meat and seafood cooking guide is as follows:

Rare-Bloody cool center, touch of rawness. Medium Rare-Bloody red, no rawness of meat. Medium-Pink warm center, & Medium Well to Well-Fully Cooked with no redness.



Lunch

OPEN 12:00 Close 3:00
Sat-Sun

Trade Winds Club



Sandwiches

Shrimp Po Boy

Lettuce, Tomato, Boom Boom Sauce

\$8.75

Reuben

Corned Beef, Sauerkraut, Dressing, Swiss Cheese on Rye

\$7.65

Rachel

Turkey, Cole Slaw, Dressing, Swiss Cheese on Rye

\$7.65

Ham or Turkey Wrap

Lettuce, Tomato, Ranch Dressing and Cheese

\$8.45

Beef Sliders

Lettuce, Tomato, Onion, Swiss Cheese

\$4.15

Trade Winds Club

Turkey, Ham, Bacon, Lettuce, and Tomato on Texas Toast

\$10.95

BBQ Chicken Club

Chicken Breast, Bacon, Tomato, Lettuce, Swiss, BBQ Sauce on Texas Toast

\$10.95

BLT

Bacon, Lettuce, Tomato, Mayonnaise

\$4.95

Philly Cheese Steak

Sliced Steak, Provolone, Peppers, Onions, Tomatoes

\$8.25

Grilled Cheese

Choice of Bread and Cheese

\$3.10

Grizzly Sandwich

BBQ meat topped with Cole Slaw

\$4.95

Fish Sandwich

Lettuce and Tomato

\$6.55

Burgers

Hamburger

Lettuce, Tomato, Onion

\$4.15

Cheeseburger

Lettuce, Tomato, Onion, American Cheese

\$4.75

Bacon Cheeseburger

Lettuce, Tomato, Onion, Bacon, American Cheese

\$5.65

Humpty Dumpty

Lettuce, Tomato, Onion, Bacon, Cheddar Cheese, Egg

\$7.25

Tex Burger

Lettuce, Tomato, Onion, Cheddar Cheese, BBQ Sauce

\$6.75

Turkey Swiss Burger

Lettuce, Tomato, Onion, Swiss Cheese

\$5.25

6 Philly



\$3.25

DRINKS

\$3.95

Coffee
Hot Chocolate
Hot Tea

Pepsi
Diet Pepsi
Diet Dr. Pepper

Pink Lemonade
Iced Tea
Root Beer

Vegetarian options available